

SALEWA ALPINE CAMPUS - BASIC SKI TOURING COURSE

- ✓ learn by doing
- ✓ theory and practice
- ✓ Interpreting avalanche situation reports
- ✓ hut Bergheim



Snow skills have to be learned – both theory and practice. And since there's no better way to learn than through doing, this course will be heavily backcountry practice-based. We'll cover skinning, kick turns, skiing techniques with a touring set-up, correct use of avalanche safety equipment, and much more. On the theory side: snow and avalanche awareness, route planning, map reading etc. also form part of the course, and will be covered in the long winter evenings we'll enjoy up at the mountain hut. The Dolomites mountains are impressive as it is, but in winter they take on a whole new level of fascination. What better location for a course like this?

Schedule:

Day 1: Arrival and meet at 09:00 at GLOBO ALPIN office at Dobbiaco. Gear check. Short ski tour with beacon practice and introduction to avalanche rescue techniques.

Day 2: Skinning techniques, kick turns, laying tracks and ski techniques in deep snow – learned during a short ski tour (600-800 vertical metres)

Day 3: Ski tour with summit ascent (800-1000 vertical metres). Content: Interpreting avalanche situation reports, snow profiles, correct avalanche behaviour on ski tours. Course finishes after the tour. Homeward journey.

Difficulty	Ascent      1/5 Descent      1/5 parallel swing on slope Physical fitness and endurance for 2 to 4 hours of ascent
Accommodation	Bergheim - Innervillgraten
Number of participants	7 - 8 Persons
Services	<ul style="list-style-type: none"> ✓ 2 x overnight in morebed ✓ cooking together ✓ meeting point at 9 a.m. ✓ rental of searching equipment in case of avalanches ✓ mountain guide for 3 days
Price	495,00 €
Dates	Sun 1/15/2023 - Tue 1/17/2023